Post-ICU follow-up:

A questionnaire survey of aftercare

In Denmark

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"The aim of this study was to investigate the current aftercare activities in Denmark after Intensive care unit (ICU) treatment"
80% survive ICU treatment
REDUCE

(1) IN-HOSPITAL MORTALITY
(2) READMISSIONS TO THE ICU

EARLY AFTERCARE
SUMMARY OF REVIEWS

EARLY AFTERCARE

Review from 2006
Outreach services
Esmonde L et al.
Conflicting results on in-hospital mortality, ICU-readmissions and length of stay (LOS).

Review from 2014
Transition programs
Niven DJ et al.
Positive effect on readmissions to the ICU.
ADRESS, PREVENT AND TREAT

(1) LONG-TERM IMPAIRMENTS

LATE AFTERCARE
SUMMARY OF REVIEWS

LATE AFTERCARE

Jensen MF et al. 2015
Melhorn J et al. 2014

(1) Interventions with significant effects in late aftercare are rare

(2) Interventions in late aftercare are heterogeneous

(3) ICU-diary interventions show a positive effect on PTSD symptoms

(4) No effects on HRQOL(SF-36), anxiety or depression.
METHODS

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General ICUs

METHODS 4